

*Annual Big Book Retreat
Sponsored by Freedom Intergroup
April 29, May 1, 2, 2010*

*The Franciscan Center
3010 N. Perry Avenue
Tampa Florida*

*Cost per person \$120.. shared room-
\$150. private room
2 nights + Friday dinner & 3 meals Sat. Breakfast on
Sunday
(Friday night dinner 5:30-7:00 pm)
Questions about food call
Franciscan Center
813-229-2695*

Overeaters Anonymous tells us that if we follow the Big Book, we will experience "Promises" which will alter our lives. Come explore these promises and how they have manifested themselves in your life or how you can focus on what you need to do to achieve them. You and your Higher Power can work together in recognizing you as the miracle that you are.

*...attitude ...will change
Self-seeking will slip away
We are delighted
...know a new Happiness
...know a new Freedom
We will not regret the past
We have ceased fighting
We will react sanely
will recoil as if from a hot flame
Life will mean something at last
...look the world in the eye
...at perfect peace...*



*Call the Franciscan Center to make reservations
and ask food questions
813-229-2695*

For more information contact:

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