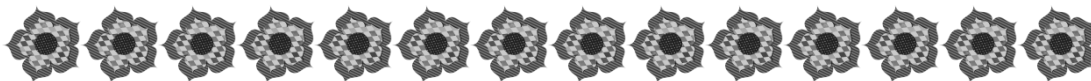


Step 5: Admitted to God, to ourselves, and to another human being the exact nature of our wrongs. In actual practice, we usually find a solitary self-appraisal insufficient...

Big Book of Alcoholics Anonymous, page 72

<p>Overeaters Anonymous PO Box 6202 Clearwater, FL 33758</p>	<p>May, 2010 www.oapinellas.org</p>
<p>Pinellas Traditions Intergroup meets every third Friday of the month. EVERYONE is welcome to attend. The next meeting will be:</p>	
<p>Friday, June 18 at 6:30PM Morton Plant Hospital 1st Floor – Tuttle D Auditorium 300 Pinellas Street/off Ft. Harrison Clearwater, FL 33756</p>	
<p>Our Trusted Servants Are:</p>	
<p>Karen C</p>	<p>Chair 727-533-8403 kcornacchia@tampabay.rr.com</p>
<p>Claudia</p>	<p>Vice Chair 727-781-7411 bytelady@tampabay.rr.com</p>
<p>Linda H</p>	<p>Treasurer 727-647-8280 fdnymom@msn.com</p>
<p>Sam</p>	<p>Secretary 727-458-3668 samrnmsw@hotmail.com</p>
<p>Betsey</p>	<p>Corr. Sec. 727-466-9277</p>
<p>Judy S.</p>	<p>Newspages editor 727-442-9234 vieweton@aol.com</p>
<p>To receive monthly copies, or contribute to the newspapers email the editor at: oanews@yahoo.com Contributions must be received by the second Friday of the month.</p>	

Tradition 5: Each group has but one primary purpose - to carry its message to the compulsive overeater who still suffers.



May Newspages

From the Chairman:

Tradition 5

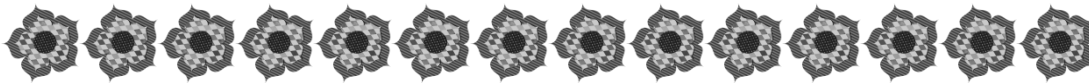
Each group has but one primary purpose – to carry its message to the compulsive overeater who still suffers.

What message does the newcomer or the person coming back receive when they walk into an OA meeting? All of us have an obligation to carry the message – what message are we giving? There is a strong meeting checklist that provides a guide to our meetings. Is there a format, or just a place to share our disease? Do we focus on recovery, are we demonstrating the tools, steps and traditions or just talking the talk? The Big Book says “A business which takes no regular inventory usually goes broke.” So, this is an opportunity to practice Tradition 5 and look at the message our meetings are giving. If your group would like the Strong Meeting Checklist, let your Intergroup Rep know and the Checklist will be available at the next Intergroup meeting.

In service to OA

Karen C.

Chairman PTI



PTI Minutes March 12, 2010

Meeting started by Karen (chair) with the serenity prayer at 6:33 p.m.

Treasurer's report submitted by Linda H. for review

PTI will co-sponsor a retreat with Suncoast Intergroup - will split the work in half between the intergroups

Karen asked if anyone reviewed the PTI P&P

Corrections discussed - corrections made for re-submission

Donna D's 30 year OA anniversary is March 24th, 2010!!!!!! Congratulations Donna!!!!

St. Pete College Health Fair scheduled for March 24th -Linda H. and Donna D. are scheduled to attend giving service to pass on the message of OA

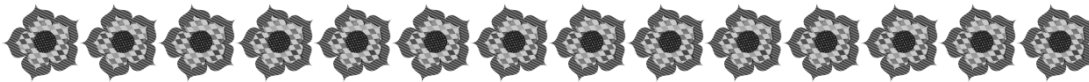
A package needs to be picked up from OAs's mailbox - notification given to Karen chair person

PTI did not pay for Verizon's OA phone number - actually went to a collection agency from 2009 - bill is about \$114 - we may not have received a bill - Linda H. will call Verizon and look into this matter

Scholarship application brought in by Linda H. - applicant is willing to take a partial scholarship - will have to get her own transportation

Scholarship recipient will have to serve on a committee and attend PTI to give a report for the newspapers

Motion made second with unanimous approval to give Anne the scholarship for SOAR 8 in Memphis
New meeting at Pass-A-Grille Beach starting April 8th - every Thursday from 9:30 a.m. to 10:30 a.m. - flyer passed around the meeting
Discussion if Pinellas County has enough meetings to allow for another delegate for SOAR 8
Hotel discussion for SOAR 8 November 2011 in Pinellas County
Meeting adjourned at 7:22 p.m. with the serenity prayer.



Hi OAer's,

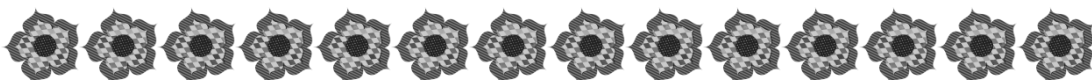
I'm ramping up this year's campaign to subscribe to Lifeline. If we get 6 subscriptions, we get free literature from OA 😊 Last year we got 2 books. This year I'm hoping for three! If you don't already subscribe, or if your subscription is running out please order one now. It's a great meeting in your pocket, keeps you from isolating and who know sometimes you might connect with one of the stories.

You can subscribe 2 ways....You can subscribe to an online copy (\$13) or get a hard copy mailed right to your door (\$23) Just go to oa.org and click on the dropdown for Lifeline. Ask your doctor or therapist if they would like a copy for their office. PTI will gladly pay for a subscription. Send the names to me and WA LA they will have a subscription.

Let's make this a better year than last!!!

Love, in Service

Linda



Hi everyone, I'm Diane, an abstinent compulsive overeater.

First I would like to thank everyone who made it possible for me to go to Memphis. Without the scholarship, I would not have been able to attend. Two of my friends, S.D. and K.C. and me set out on Wednesday in my new car, packed to the gills. We were off to Memphis on Wednesday because one of us, well maybe all of us are big Elvis fans. We had fallin' into some tickets to Graceland. So on Thursday, we landed in Elvis town just full of ourselves. We had our poodle skirts and saddle shoes on - we had arrived! We all loved Graceland, some more than others. It was a wonderful day; the Bradford Pear Trees were all in bloom - bright pink everywhere. We even got interviewed on Elvis radio!!

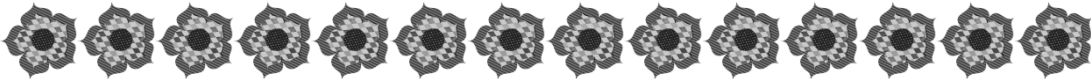
On Friday, we all got down to the real reason we were in Memphis - O.A. My first impression was great. Everyone welcomed me with open arms. My first

job was sorting and hanging clothes for the boutique. That was lots of fun, as well as sharing my O.A. program with people who made me feel at home. Talk about Southern Hospitality! On Thursday evening we were taken to dinner and then a meeting. We truly enjoyed the fellowship and the company. While at the hotel I was able to attend lots of recovery meetings. All had the same message: Have a plan of eating and follow it, work the tools, work the steps, and go to meetings. The speakers were phenomenal. Each had their own story, but in some ways they were the same. That's recovery for you.

Saturday I went to the luncheon; that was a hoot. Food was great, company was great as well. Then off to more meetings. I can't believe how wonderful and powerful the speakers who were chosen were. Then Saturday night we went to the banquet. Again food great, company even better if that was possible. After dinner we were blessed to hear three more speakers. One of whom was having a birthday. Being someone we all knew and loved, we HAD to sing "Happy Birthday" to her before she spoke. She had a wonderful message. After she spoke, I felt God's Presence in the room. Then off to bed. Oh, one more thing - it was such an awakening for me.

Then our last day, Sunday: After more meetings, we had to say good bye to some of our new and old friends. They had to catch flights home. Then came the real reason I had come to Memphis. I was asked to be the closing speaker. What an honor and a scary pleasure. I spoke for 45 minutes and closed with that line Elvis is famous for, "Thank you, thank you very much!"

Again thanks to everyone who had a hand in sponsoring me to represent Pinellas Intergroup. Amen. I feel so blessed and highly favored!



May 15, Friendship United Methodist
Traditions and Relationships Workshop
10p-3a

*Annual Big Book Retreat
Sponsored by Freedom Intergroup
April 29, May 1, 2, 2010*



*The Franciscan Center
3010 N. Perry Avenue
Tampa, Florida*