



OA pinellas newspapers

traditions intergroup

Step 4: Made a searching and fearless moral inventory of ourselves. "Putting out of our minds the wrongs others had done, we resolutely looked for our own mistakes. Where had we been selfish, dishonest, self-seeking and frightened? Though a situation had not been entirely our fault, we tried to disregard the other person involved entirely. Where were we to blame? The inventory was ours, not the other man's... "Alcoholics Anonymous pg. 67

Overeaters Anonymous
PO Box 620
Clearwater, FL 33758

April, 2009
www.oapinellas.org

Pinellas Traditions Intergroup meets every third Friday of the month. EVERYONE is welcome to attend.

The next meeting will be:

Friday, April 17, 2009 at 7:00 PM
Morton Plant Hospital
1st Floor – Tuttle D Auditorium
300 Pinellas Street
Clearwater, FL 33756

Our Trusted Servants Are:

- Karen C Chair 727-533-8403 kcornacchia@tampabay.rr.com**
- Linda Mc Vice Chair 727-804-4610 lindaproductions@aol.com**
- Stephanie D Treasurer 727-442-9855 hpsendhelp@hotmail.com**
- Linda H Secretary 727-394-7639 fdnymom@msn.com**
- Betsey Corr Sec 727-466-9277**

To receive monthly copies, or contribute to the newspapers email the editor at: oanews@yahoo.com
Contributions must be received by the second Friday of the month.

Tradition 4: Each group should be autonomous except in matters affecting other groups or OA as a whole.



PINELLAS TRADITIONS INTERGROUP
Treasurer's Report thru February 28, 2009

*Beginning Balance	\$4,722.20
Receipts	
Meeting Donations	\$ 95.00
Leaping to Little Rock	198.31
Void check (#1048-4/21/07)	33.58
Fundraising - book buddies	\$ 45.00
Total	\$ 371.89

Disbursements	
WSO	\$ 28.50
Region 8	\$ 9.50
Freedom Intergroup (telephone)	\$ 16.00
P.O. Box Rental	\$ 70.00
WSBC delegates expense	\$ 271.00
FI State Annual Report	\$ 61.25
Office supplies & Stamps	\$ 18.08
Total	\$ 474.33

Beginning Balance	\$4,722.20
Receipts	\$371.89
Disbursements	\$ (474.33)
Ending Balance	\$4,619.76

Meeting Donations Feb 2009						
#	Day	Name	Amount	PTI	WSO	Region 8
				\$		
10359	Wednesday	Renewed Hope	\$ 70.00	42.00	\$ 21.00	\$ 7.00
		A Step		\$		
47749	Friday	Up	\$ 25.00	15.00	\$ 7.50	\$ 2.50
		Total	\$ 95.00	\$ 57.00	\$ 28.50	\$ 9.50

2009			
Feb Donations for Leaping to Little Rock			
#	Day	Name	Amount
47788	Monday	Focus on Abstinence	\$ 148.25
49784	Thursday	Steps to Freedom	\$ 26.61
27235	Saturday	Sat Serenity	\$ 23.45
		Total	\$ 198.31
Total to date = \$560.42			

sjd 2/28/09



Coming to the Dry Dock:
S(HE) (Strength, Hope, Experience)

A Weekly Overeaters Anonymous Literature and Discussion Gathering

Open to Everyone

Each Saturday at 2 p.m.

Beginning Saturday, March 28, 2009

S(HE) is a weekly 12 step based OA program designed to share our collective experience, strength and hope related to food addiction and its effects on our lives.

This is not a diet or calories club, it is a spiritual solution for food addicts based upon the help of sponsors and other food addicts.

Find unconditional acceptance and support with other OA members.

Dry Dock

1733 Alt 19 S

Tarpon Springs, FL 34689

Located just north of Klosterman Rd.

For any questions, please contact Krista at 727-644-0250 or Joan 727-785-9208.





FLORIDA STATE CONVENTION

Hi Fellow OAer's,

I just wanted to drop a line to our news pages so all of you could read about the Convention. IT WAS FABULOUS! I was able to get to many meetings and renew old friendships. As a matter of fact I met a woman there that was in my OA group in NY. It was like old home week. So my circle of OA friends just got a bigger. You never know who or what God will put in your path. The entertainment was fantastic..it was worth the money. Food was well planned out, and everyone's needs were met. I'm looking forward to next year.

Our inter-group has another year of commitment doing the publicity, which includes the flyer, emails to previously registered guests, getting a flyer published on the SOAR 8 website and having the date published in the Lifeline. I also make it my personal crusade to keep the info fresh and announce it at all the meetings I go to. This year I'm submitting the idea of a different format for the flyer. I would like to streamline it, and make it so it only gets folded in half. We did vote in a new Chair (Gerri Helms) and a new Vice Chair (Linda Hartmann), the Treasurer (Hilde Johnson) and Secretary (Jackie) stayed the same.

If anyone is interested in doing service on this committee please email me, Linda H. at fdnymom@msn.com or Claudia at thefirstbytelady@tampabay.rr.com.

Thanks for giving me the opportunity to do service, Linda H.

God,

Grant me the Serenity to accept the things I cannot change, Courage to change the things I can and Wisdom to know the difference. Grant me Patience with changes that take time, Appreciation for all that I have and am, Tolerance for those with different struggles, and the strength to get up and try again,

One day at a time.

Quotes from Billie W's Collection

Gratitude is the hinge upon which an abstinent life swings.

Sometimes we don't get what we want.

Sometimes we don't get what we need.

Sometimes we get what we get.

It's really hard for God to guide you if you keep running out ahead!

"Together We Can" OA UPCOMING EVENTS

April 18th - Speaker Marathon - Mini Summit

For all the information just read the box below and don't forget to come!

Also start planning on attending: Aug 26th - 29th World Service
Convention, 50th Year Celebration in LA, CA 2010



SPEAKER MARATHON

Mini Summit

Saturday April 18, 2009 9am-4pm

Friendship United Methodist Church

2039 E Druid Rd, Clearwater FL

(Between Hercules and Belcher Ave)

Long Term Abstinent Speakers

'SYMPTOMS LEADING TO RELAPSE'

TOOLS Boutique

Suggested donation \$5

BYOL (bring your own lunch)

For more information call Stephanie at 727-442-9855

DAY	TIME	MEETING NAME	MEETING TYPE / NOTES	LOCATION	CONTACT
Mon	10:15 AM OA#46182	Just For Today	1-Step/ 2-Lifeline/ 3-Lit/4-BB/5-Speaker *	Lutheran Church of the Resurrection 1555 Windmill Point Rd., Palm Harbor	Mary Ellen 781-2597 Joan 785-9208
Mon	12:00-1 PM OA#48303	Voices of Recovery Candlelight Mtg.	Literature / Step *	Mirror Lake Branch Library 280 5th St. N., St. Petersburg	Linda 394-7639
Mon	7:00 PM OA#47788	Focus on Abstinence	Speaker Meeting Speaker Abstinent 90+ Days *	Friendship United Methodist Church 2039 E. Druid, Clearwater (between Hercules & Belcher)	Stephanie 442-9855
Mon	7:15 PM OA#01530	Search Out Serenity "SOS"	Leader / Discussion Jackson Street entrance *	St. Anthony's Hospital, Classroom F, E 1200 7th Ave. N., St. Petersburg	Addie 327-4555
Tues	6:45 PM OA#46184	Tuesday Lifeline	Lifeline OA Magazine Meeting *	This meeting is inactive, but may move to a new location...stay tuned for up- coming changes.	Linda Mc 804-4610
Wed	6:45 PM OA#10359	Madeira Beach Beach Bunch	On sand on the beach (Bring chair and look for flag on pole) *	On beach behind Archibald Building 15100 Gulf Blvd., Madeira Beach	Linda H 647-8280 Ellen 328-9678
Wed	7:30 PM OA#41069	Renewed Hope	Relapse Prevention **	Anona United Methodist Church 13233 Indian Rocks Road, Largo	Patti 596-2087
Thur	6:00 AM OA#47934	Wake Up Call	Step / Tradition Meeting (OK to bring breakfast) *	Bon Secours Maria Manor, Conf. Rm. 10300 4th St. N., St. Petersburg	M Jean 482-4075
Thur	11:00 AM OA#40873	Key to Freedom	Literature Meeting *	First Presbyterian Church 455 Scotland St., Dunedin (Downtown Dunedin)	Pat 733-6858
Thur	5:30 PM OA#49784	Steps to Freedom	Focusing on Steps 1, 2, 3 90 Day Meeting *	St Cecelia's Church, Room A 820 Jasmine Way, Clearwater	Mary Mc 319-4321 Stephanie 442-9855
Thur	7:00 PM OA#39121	Abstinence First	Woman's Discussion **	Call for directions St. Petersburg	Rhonda 526-4208
Thur	7:30 PM OA#46183	First Fellowship	1-step/ 2-speaker/ 3-lit/4-BB/5-Lifeline *	Palm Harbor Presbyterian Church 2021 Nebraska Ave., Palm Harbor	Maryl 772-7043
Fri	6:00 PM OA#49602	Nitty Gritty	A.A. Big Book Study *	Unity Christ Church 6168 First Ave. N, St. Pete	Ellen L. 381-8043
Fri	6:00 PM OA#47749	A Step Up	Beginners *	Morton Plant Hospital, 1st Floor Tuttle D Auditorium, Clearwater	Colleen 642-5921
Fri	7:00 PM	Pinellas Tradition Intergroup Meeting	Third Friday Only All OA's welcome *	Morton Plant Hospital, 1st Floor Tuttle D Auditorium, Clearwater	Karen C. 533-8403
Sat	9:30 - 11 AM OA#36776	Great Reality	Beginners Step Mtg. *	Pinellas Park Public Library 7770 52nd St. N., Pinellas Park	Martha 527-5449 Billy Joe 398-7401
Sat	10:00 AM OA#45420	First Fellowship	Step/Tradition Mtg. *	Palm Harbor Presb Church 2021 Nebraska Ave., Palm Harbor	Pat 784-3375
Sat	10:30 AM OA#27235	Saturday Serenity	Big Book *	First Lutheran Church 1644 Nursery Rd, Clearwater	Betsey 466-9277
Sat	2:00 PM OA#50340	S(HE) Strength, Hope, Experience	1-Voices of Recovery/ 2-Lifeline/3-For Today/ 4-Big Book /5-Literature *	The Dry Dock 1733 Alt 19, Tarpon Springs	Krista 644-0250
Sun	6:30 PM OA#49012	Joy of Abstinence	Leader/Discussion *	Gulfport Neighborhood Center 1617 49th St. S., Gulfport	Linda C. 501-6820 Stan M. (813) 839-7587
Sun	6:00 PM OA#32923	Clearwater Oasis	Big Book (90 day) **	Morton Plant Hospital, 1st Floor Tuttle A Auditorium, Clearwater	Claudia 781-7411 Stephanie 442-9855

*OPEN TO ALL

**OA MEMBERS ONLY

If this is your first time attending a meeting listed, please be sure to call to clarify directions and meeting specifics.

Hotline #'s - Hillsborough: 813-254-4190; Pasco: 813-842-7840; Pinellas 727-327-4555; Tri-County 800-544-6353

OA website: www.oa.org or World Services Telephone 505-891-4320

Pinellas Traditions Intergroup meets the third Friday of each month, 7:00PM, at Morton Plant Hospital, 1st Floor, Tuttle D Auditorium

PHONE MEETINGS:

Current listing as of 10/30/08--For more numbers and information, please visit http://www.oa.org/pdf/phone_mtgts.pdf

55008 Call 219-509-8222
 55003 Call 518-825-1300
 55005 Call 712-432-3900
 55001 Call 218-936-4700
 55006 Call 712-432-3900
 55002 Call 319-279-1000
 55022 Call 712-432-3900
 55051 Call 712-432-3900

Pin Number 79822#
 Pin Number 79822#
 Pin Number 4285115#
 Pin Number 59002#
 Pin Number 4285115#
 Pin Number 135103#
 Pin Number 4285115#
 Pin Number 6508933#

Sun @ 8:00 p.m. EST
 Mon @ 10:00 a.m. EST (90-Day)*
 Tue @ 8:30 a.m. EST
 Tue @ 8:00 p.m. EST
 Wed @ 8:30 a.m. EST (Qualification)*
 Thur @ 8:00 p.m. EST (90-Day)*
 Fri @ 8:00 p.m. EST (Lifeline)
 Sat @ 5:00 p.m. EST (Recovery/Relapse)

Peggy 719-594-9075 MST

Marcie 303-805-1881 MST
 Debbie 214-912-3688 CST
 Lori 210-829-4195 CST *Special Topic
 Helen 704-547-0627 EST