



Overeaters Anonymous  
Pinellas Traditions Intergroup  
P.O. Box 16582  
Clearwater, FL 33766

Volume 15, Issue 4

April 2020

## PTI Trusted Servants

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## NEXT PTI MEETING:

**Saturday, May 16th - 12PM**

First Lutheran Church  
1644 Nursery Road  
Clearwater, FL 33756



*Following the 10:30 A.M. meeting ...*

**Please join us ...**

# COURAGE

*“Courage does not always march to airs blown by a bugle; is not always wrought out of fabric ostentation wears.”*

-Frances Rodman

Courage can be a silent act, a quiet word, a refusal - or an acceptance. Courage has no guarantees, or certain outcomes. It is a risk taken on an unknown path. Courage brings about change.

Growth is dependent on courage. Today I can risk, because I am not afraid to make a mistake. I am ready for change. I can make choices, not out of the fear of recklessness, but out of a new willingness to resolve old problems, to rid myself of old ideas.

**For today:** I procrastinate out of fear of failure. Have I enough courage to examine that fear?

-For Today, page 180

## VIRTUAL INTERGROUP MEETING

**Topic:** PTI monthly meeting

**Time:** Apr 18, 2020 12:00 PM Eastern Time

**Join Zoom Meeting:**

<https://zoom.us/j/453088887>

**Meeting ID:** 453 088 887

**One tap mobile:** +16465588656,,453088887# US (New York)



The opinions expressed in this monthly newsletter reflect those of the writer and do not represent OA as a whole. Serve your group by sharing your experience, strength and hope in the PTI newsletter. Please submit your article by the **25th** day for publication in the following month's newsletter. Please send to: [newsletter@oapinellas.org](mailto:newsletter@oapinellas.org)

*"Any form of service—no matter how small—that helps reach a fellow sufferer adds to the quality of our own recovery."*



-The Tools of Recovery, page 5

## STEP 4

Made a searching and fearless inventory of ourselves.

*"Courage does not always march to airs blown by a bugle; is not always wrought out of fabric ostentation wears."*

-Frances Rodman

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## TRADITION 4

Each group should be autonomous except in matters affecting other groups or OA as a whole.

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-For Today, page 180

## CONCEPT 4

The right of participation ensures equality of opportunity for all in the decision-making process.

## Pinellas Traditions Intergroup - 7th Tradition

The 7th Tradition states, "Every OA group ought to be fully self supporting, declining outside contributions."

Available on the PTI web site, local OA groups and members can now send a contribution using a secure site via PTI's PayPal page. Please click the button located on the right or visit our website at [oapinellas.org/donations](http://oapinellas.org/donations) to send in a donation today.



Your generosity is greatly appreciated.

## Virtual Meetings

PTI groups are setting up virtual meetings using zoom. Updates may be found on [oapinellas.org](http://oapinellas.org)!



Please refer to [oapinellas.org](http://oapinellas.org) for the latest Pinellas Traditions Intergroup meeting minutes, treasurer's reports, and upcoming events.



Pinellas Traditions Intergroup



PINELLAS TRADITIONS INTERGROUP INVITES YOU TO THE TENTH ANNUAL OA FRANCISCAN CENTER RETREAT "Willing to Go to Any Length" JULY 31-Aug 2 2020

Fragrance Free Zone Please

WHAT: Three days of fabulous speakers, crafts, the usual Pinellas Pizazz, serenity and peace on the river
WHERE: The beautiful Franciscan Center Campus, 3010 Perry Ave., Tampa, FL 33606
WHEN: Friday, July 31, (check-in 4PM), to Sunday, August 2, 2020 11:30 AM
COST: (Note, there are two separate places to pay: Franciscan Center for food/lodging and PTI for registration)
HOW: Step 1: Call and pay the Franciscan Center at 813-229-2695, for room and board accommodations, and tell them it's for the OA Retreat. Room/board packages include five meals; single rooms are \$206 and double rooms are \$186 per person. Additional information about the Franciscan Center at franciscancentertampa.org.
Step 2: PAY PTI: MAIL your registration form & check or money order payable to PTI: \$30 for early bird (postmarked by June 15, 2020) or \$40 for regular registration.

Direct any questions to rita195382@gmail.com or text to 727-310-5760

REGISTRATION DEADLINE July 10, 2020

Checklist

- Space is limited so register early. \*No Day trippers you must come for the whole weekend.
• Call and book your reservation at Franciscan Center. Your measuring cups/scales are welcome
• Call all your friends and make plans to carpool with them
• Please Announce this Retreat and print copies of this flyer for your meetings.
• Save this flyer for your information. See you at the pagoda on the peaceful Hillsboro River!

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Cut on the dotted line and mail Retreat Registration Form & check or money order made out to PTI to:

Donna D 5145 55th Street North St Petersburg, FL 33709

PINELLAS TRADITIONS INTERGROUP NINTH ANNUAL RETREAT REGISTRATION FORM

Print Name \_\_\_\_\_ Volunteer opportunities: Greeter \_\_\_ Craft Room \_\_\_ Registration \_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_ email \_\_\_\_\_

\*Select your meal preference

Friday Dinner Vegetarian: \_\_\_ Chicken \_\_\_ Fish \_\_\_

Saturday Dinner Vegetarian: \_\_\_ Chicken \_\_\_ Fish \_\_\_

Check one: \_\_\_ \$30 Early Registration \_\_\_ \$40 Regular

# PTI's Virtual "ZOOM" Meeting List

During this crisis when our meeting rooms have been shut down and we have been shut in we encourage all to attend the virtual meetings being offered by Pinellas Traditions Intergroup (PTI).

To join us in a virtual meeting by cellphone download the ZOOM app to your phone and then click on it. **Join the meeting enter the ID number.**

To join us using PC, laptop, tablet use your browser to go to <https://zoom.us>

Click onto JOIN A MEETING. Enter Meeting ID and follow directions.

If you are new to the virtual meeting a few things to know to help. This is  a mute button. On the bottom of participant list there is a raise your hand  button. Click on it to ask a question. There is a chat box  to type a message or leave your number for outreach.

The following meetings have been set up by PTI members to support out local meetings:

<b>Sunday</b>	N/A		
<b>Monday</b>	12:00 PM Host: Linda H.	Meeting ID: 649 310 5973 Format: "Voices of Recovery"	Password: None
<b>Monday</b>	4:00-5:00 PM Host: Rita S.	Meeting ID: 399 359 360 Format: "For Today" and "Voices of Recovery"	Password: None
<b>Monday</b>	6:45-8:00 PM Host: Rita S.	Meeting ID: 199 631 721 Format: 12&12	Password: 409818
<b>Tuesday</b>	7:00 PM Host: Shirley Q.	Meeting ID: 772 692 021 Format: Big Book	Password: 696369
<b>Wednesday</b>	6:30 PM "Madeira Beach" Host: Linda H.	Meeting ID: 649 310 593	Password: None
<b>Thursday</b>	10:30-11:30 AM Host: Donna D.	Meeting ID: 959 959 1828	Password: None
<b>Thursday</b>	7:00 PM Host: Shirley Q.	Meeting ID: 718 920 457 Format: Literature, Leader choice	Password: 807625
<b>Friday</b>	12:00 PM Host: John C.	Meeting ID: 833 301 625	Password: None
<b>Saturday</b>	7:45-8:00 AM Host: Rita S.	Meeting ID: 277 327 215 Format: "For Today" and "Voices of Recovery"	Password: 785835
<b>Saturday</b>	12:30 PM "Men's Meeting" Host: Joel Mc.	Meeting ID: 914 632 264 One tap mobile → +13126266799,,914632264# US (Chicago)	Password: None

# PINELLAS COUNTY MEETING LIST

April 2020

DAY	TIME	MEETING NAME	MEETING TYPE / NOTES	LOCATION	CONTACT
Mon	10:15 AM OA#46182	Just For Today ^^	12 & 12 / Big Book	Lutheran Church of the Resurrection 1555 Windmill Pt Rd., Palm Harbor	Mary Ellen (727) 781-2597 Joan (727) 785-9208
Mon	12:00 PM OA#48303	Voices of Recovery (Candlelight Meeting)	Voices of Recovery Discussion	Unity of St. Petersburg 6168 First Ave. N, St. Pete	Ann G. (212) 399-7099
Mon	7:00 PM OA#47788	Focus on Abstinence ^^	Speaker – Phone Meeting Abstinent 90+ Days	Central Church of Christ 1454 Belleair Rd., Clearwater <i>(NW of Belleair Rd. &amp; Highland – entrance on Belleair)</i>	Mary T. (727) 593-4758 Mardie (727) 501-3949
Mon	7:00 PM OA#01530	Search Out Serenity "SOS"	Leader / Discussion Jackson Street entrance	St. Anthony's Hospital, Classroom D 1200 7th Ave. N., St. Petersburg <i>(Jackson Street entrance)</i>	Cynthia (561) 254-3642
Tues	10:00 AM OA#54726	Abstinence <b>NEEDS SUPPORT</b>	Daily Readings Open Discussion	REBOS Center 5639 54 <sup>th</sup> Ave. N., Kenneth City	Donna D. (727) 480-0865
Tues	7:00 PM OA#54697	Living In Today <b>NEEDS SUPPORT</b>	Step/Lifeline/Daily Reader/ BB/Leader's Choice	Northwood Presbyterian Church – Rm #4 2875 State Road 580, Clearwater	Lee (727) 480-4821
Tues	7:00 PM OA#54346	The Mile Stretch Meeting <b>NEEDS SUPPORT</b>	Literature Meeting	St. Vincent de Paul Catholic Church 4843 Mile Stretch Rd., Holiday	Jeanne A. (727) 494-7994 Sue D. (585) 704-4464
Wed	6:45 PM OA#10359	Madeira Beach Beach Bunch <b>NEEDS SUPPORT</b>	Open Discussion	<i>On the beach in front of the snack shack</i> 15100 Gulf Blvd., Madeira Beach <i>(Bring a chair)</i>	Linda H. (727) 647-8280 Donna D. (727) 480-0865
Thur	10:30 AM OA#53015	Hope <b>NEEDS SUPPORT</b>	All Literature	Aldersgate Methodist Church 9501 Starkey Rd., Seminole <i>(Back of church near the office)</i>	Lynn E. (901) 830-1092
Thur	11:00 AM OA#40873	Key to Freedom	Big Book Study	First Presbyterian Church 455 Scotland St., Dunedin <i>(Downtown Dunedin)</i>	Laurie (727) 517-4137
Thur	5:30 PM OA#49784	Steps to Freedom **	Focusing on Recovery through the Steps and Traditions - 90 Days	St. Cecelia's Church, Room A 820 Jasmine Way, Clearwater	Mary Mc. (727) 319-4321 Mary T. (727) 593-4758
Thur	7:00 PM OA#46183	First Fellowship	1-Step/ 2-Speaker/ 3-Lit/ 4-Big Book/5-Lifeline	Palm Harbor Presbyterian Church 2021 Nebraska Ave., Palm Harbor	Sue D. (585) 704-4464
Fri	6:45 AM OA#54674	Fresh Start	Voices of Recovery For Today	Central Church of Christ 1454 Belleair Rd., Clearwater <i>(NW of Belleair Rd. &amp; Highland – entrance on Belleair)</i>	Phil L. (727) 754-0131
Fri	12:00 PM OA#52863	Message Carriers	Open Discussion	Metro Center 3251 Third Ave. N., St. Petersburg <i>NEW entrance on west side of building (closest to 34<sup>th</sup> Street)</i>	Ellen L. (727) 381-8043
Fri	6:00 PM OA#49602	Nitty Gritty	Big Book	Unity of St. Petersburg 6168 First Ave. N, St. Pete	Cora L. (813) 956-4642
Sat	8:00 AM OA#36776	Great Reality <b>NEEDS SUPPORT</b>	Beginners	St. Giles Episcopal Church 8271 52nd St. N., Pinellas Park	Donna D. (727) 480-0865
Sat	10:00 AM OA#45426	First Fellowship	Step/Tradition Meeting	Palm Harbor Presbyterian Church 2021 Nebraska Ave., Palm Harbor	Pat (727) 784-3375
Sat	10:30 AM OA#27235	Saturday Serenity ^^	Big Book	First Lutheran Church 1644 Nursery Rd, Clearwater	Cora L. (813) 956-4642
Sat	10:30 AM OA#17950	Pasco Pioneers	1-Step/ 2-Big Book/ 3-Leader's Choice/ 4-Traditions/5-Brown Book	Unity of Port Richey 5844 Pine Hill Rd., Port Richey	Betty N. (727) 505-4562
Sat	12:00 PM OA#09412	Pinellas Tradition Intergroup Meeting	Third Saturday Only All OA's welcome	First Lutheran Church 1644 Nursery Rd, Clearwater	Linda H. (727) 647-8280
Sat	12:30 PM OA#52497	Clearwater Men's Group **	Men's Meeting	Community United Methodist Church 207 Buckingham Ave., Oldsmar	Lee (727) 480-4821
Sun	6:00 PM OA#32923	Clearwater Oasis **	Big Book (90 Days)	Morton Plant Hospital, 1st Floor Tuttle A Auditorium, Clearwater	Chrissy (813) 377-5332 Michelle (314) 378-9391
Sun	6:30 PM OA#49012	Beginner's Meeting Step Study	Beginners/Step Study	Gulfport Neighborhood Center 1617 49th St. S., Gulfport	Judy C. (201) 259-3924

PLEASE NOTE: All meetings are open meetings unless indicated otherwise. \*\*Closed Meetings (OA members only) ^^Children welcome

**If this is your first time attending a meeting listed, please be sure to call to clarify directions and meeting specifics.**

Pinellas Traditions Intergroup meets the 3<sup>rd</sup> Saturday of each month 12:00 PM – First Lutheran Church, 1644 Nursery Rd., Clearwater, FL

OA World Service Telephone: 505-891-2664 Website: <http://www.oa.org> To find telephone or online meetings,

please go to: <https://www.oa.org/find-a-meeting> Pinellas Traditions Intergroup Website: <http://oapinellas.org>

Hotline #'s – Hillsborough & Pinellas: (813) 254-4190

REVISED: March 9, 2020